

# AGENCY NEWSLETTER



## Agency Relations Manager Jamie Bockelmann

Jamie comes to the Food Bank of Siouxland from having worked in the higher education and legal industries. She has a passion for serving others and finds value in giving back to the community that has done so much for her. Outside of work, Jamie enjoys spending time with her son, family and pets, gardening, hiking and cooking/baking. Leveraging her career experience, education and mission to serve others, Jamie looks forward to working with the the Food Bank of Siouxland agencies.

## Director's Letter

The Food Bank's fiscal year runs from October through September. In fiscal year 2020, the Food Bank distributed 3,546,490 pounds through partners like you. In the fiscal year 2021, which ended on Thursday, September 30, 3,490,994 pounds were distributed. I believe some of this decline was due to the server being down. These two totals are still awesome! Thank you again for rising up and helping food insecure individuals around Siouxland. Without you, these pounds do not reach empty stomachs. Going into 2022, I am asking the Food Bank staff and your agencies to continue to advocate for the clients you serve. It is easy to think about food insecure individuals as a forest; one big group. Talk about the stories each pantry guest brings to your agency. Did the individual or family take a new job, and their pay structure is different (i.e. going from a bi-weekly pay check to a monthly pay check)? Did the individual just move and needs a little help to get settled? Did the family just have a big medical bill? Did the retiree have a change in medications, which takes more money out of a line budget? These stories aid us in letting donors know their money is truly helping. As the fall turns into winter, the Siouxland area will see an increase in food pantry visits. This is seen for many reasons including a slow down of farming activity and construction work. Please pass along my thank you to your staff and volunteers for their continued work. Without you, your agency, and your workers, Siouxlanders would be worse off.

- Jake Wanderscheid



# STATS

Please submit your stats online by the 15th of the following month. It's important we have this information to do our reporting!

## PPE Products

We still have several cases of adults masks, kid masks, face shields, PPE Kits and hand sanitizer. This is free to agencies, just let Jamie know what you want and how much! Check this email for photos of your options.

order  
today!

## Featured Products: Black Beans

### Black Bean Enchiladas



#### INGREDIENTS:

- 10 corn tortillas
- 1/15oz can black beans
- 8 oz shredded cheddar cheese
- 1 avocado
- 1 cup salsa verde, enchilada sauce or tomato sauce
- Add cooked lentils for more protein (optional)
- Salsa, sour cream, or cilantro (optional)

#### INSTRUCTIONS:

1. Preheat the oven to 400 degrees.
2. Wrap the corn tortillas in plastic wrap and microwave them for 30 seconds. This will lightly steam them so you can roll them without them cracking.
3. Fill each tortilla with a few tablespoons of black beans and two tablespoons of cheese. Don't fill them too full or you won't be able to roll them up. You should end up using about 2/3 of the cheese as filling.
4. Roll them and place them in a baking dish, seam side down.
5. Pour the salsa verde (or other options) over the wrapped tortillas.
6. Sprinkle with remaining cheese.
7. Bake in the oven for 15 minutes or until the cheese has melted.
8. Top with avocado and serve immediately.

**YIELDS: 10**

**TOTAL TIME: 25 MINS**

order  
today!

# ANNUAL REQUIREMENT

This is a friendly reminder that each agency must order a minimum of 3,000 lbs. **or** 18 orders over the course of a calendar year, whichever comes first. This requirement was implemented starting January 2021 and will be evaluated in December 2021. If you have concerns about meeting this guideline, please reach out to Jamie. Thank you!

## Missing Products?

If you are missing products from your order, please let us know ASAP! We can only refund products within the same month of the order. Anything that's too late is a credit adjustment and we prefer not to do that. Thanks for understanding!



**Please include your agency number on checks, not invoice number!**

PHONE: 712-255-9741

EMAILS: Jennie at [operations@siouxlandfoodbank.org](mailto:operations@siouxlandfoodbank.org) or  
Jamie at [jamie@siouxlandfoodbank.org](mailto:jamie@siouxlandfoodbank.org)



Office hours are 8:00 a.m. - 4:30 p.m.

Orders must be placed by 12:00 p.m. (Noon) or it will be considered "received" on the following business day (i.e. Order Monday at Noon for Wednesday).

Warehouse hours are 9:00 a.m. - 4:00 p.m.  
Agencies may pick up orders during warehouse hours only.